

前言

工作與健康息息相關，健康的工作環境不單可以保障員工的健康及生命，亦可以提高機構的生產力及競爭力，建立正面的企業形象，達至雙贏局面。

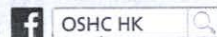
衛生署及職業安全健康局於2016年8月開展「好心情@健康工作間」計劃，透過舉行一系列活動，讓僱主及僱員一同攜手創造健康及愉快的工作環境，並以三大行動領域，提倡心理健康、健康飲食及恆常體能活動。

計劃內容

- ① 「好心情 @ 健康工作間」約章
- ② 「好心情 @ 健康工作間」大獎
- ③ 免費借用健康檢查儀器
- ④ 免費「健工·樂員」健康工作坊
 - 「心理健康」工作坊
 - 「體格檢測及體能活動」工作坊
 - 「健康飲食及體能活動」工作坊

「好心情@健康工作間」簡介會

2016年8月18日(星期四)下午4時至5時
 北角馬寶道28號華匯中心18樓F室 職安局
 查詢請致電2116 5054馮先生或
 電郵enquiry@joyfulhealthyworkplace.hk



回條

請於8月11日(星期四)前傳真回 2739 9779

* 本機構將派員出席簡介會 未暇出席簡介會，請把資料電郵給我們 * 請於適當處加✓

機構：_____

姓名：_____ 職銜：_____

電話：_____ 傳真：_____ 電郵：_____

《收集個人資料聲明》

1. 你向職業安全健康局(「本局」)所提供的資料，包括《個人資料(私隱)條例》所指的個人資料，只會用於相關活動。
 2. 為讓你得知最新的本局活動，本局將使用你的個人資料，包括你的姓名、電話號碼、郵寄和電郵地址，將有關職業安全健康訓練課程、活動、服務及資訊提供給你。你的個人資料亦可能被用作本局之研究及統計用途。
 3. 你可選擇是否同意接收上述資訊。若不同意的話，請於下列拒收資訊一欄之空格內加上「✓」號。
 4. 你有權要求查閱及修正你的個人資料。有關申請須以書面向本局提出，地址為香港北角馬寶道28號華匯中心19樓。
- * 本人不同意日後接收由職業安全健康局發出其活動和相關的資訊。

簽署：_____ 日期：_____ 此表格只適用於一位與會者報名，如要作出額外的報名，請複印副本。





Introduction

Work and health are closely related. A healthy workplace not only protects the physical well-being and life of employees, it also enhances productivity and competitiveness, and helps establish a positive image for the organisation. A healthy workplace promotes a win-win situation for both employers and employees.

The Department of Health and the Occupational Safety and Health Council launch the "Joyful@Healthy Workplace" Campaign in August 2016. A series of activities will be organised to assist employers and employees to create healthy and joyful working environment. The campaign focuses on three areas, "mental well-being", "healthy eating" and "regular physical activity".

Details of the Campaign

- 1 "Joyful@Healthy Workplace" Charter
- 2 Joyful@Healthy Workplace Best Practices Award
- 3 Free Health Check-up Kit Loan Scheme
- 4 Free Healthy and Joyful Workshop
 - "Mental well-being" Workshop
 - "Body Check and Physical Activity" Workshop
 - "Healthy Eating and Physical Activity" Workshop

Joyful@Healthy Workplace Briefing Session

18th August, 2016 (Thursday)
4:00 p.m. to 5:00 p.m.

Room F, 18/F, Occupational Safety & Health Council,
China United Centre, 28 Marble Road, North Point

Please contact Mr. Fung at 2116 5054 or email
enquiry@joyfulhealthyworkplace.hk

Reply Slip

Please return on or before 11 August 2016 (Thursday) by fax 27399779

* We will send staff to participate in the briefing session

*Please "✓" in the box

* We will NOT participate in the briefing session (Please send your information to us through email)

Name of Company: _____

Name of Contact Person: _____ Position: _____

Phone number: _____ Fax number: _____ E-mail: _____

《Personal Information Collection Statement》

1. The information you provide to the Occupational Safety and Health Council (the "Council"), including any personal data as defined in the Personal Data (Privacy) Ordinance (the Ordinance), will be used solely for purposes related to the activities of the Council.
2. To keep you informed of Council's activities, the Council would like to use your personal data, including your name, telephone number and correspondence and email addresses, to update you in relation to our training courses, events and other OSH related information. Your personal information may also be used for our research purposes.
3. You are free to decide whether you wish to receive such information. If you choose not to do so, please put a "✓" in the box below.
4. You are also entitled to request access to and correction of any errors in your personal data. If you wish to do so, please write to the Council at 19/F, China United Centre, 28 Marble Road, North Point, Hong Kong.

* I do not wish to receive any information from the Council relations to its activities.

Signature: _____ Date: _____

(This form is valid for one application only. Please make extra copies for additional application.)

